

## DAFTAR PUSTAKA

- Agresti, A. (2019). *An Introduction to Categorical Data Analysis*. Wiley.
- Alió, J.L., Abbouda, A., Valle, D.D. & Del Castillo, J.M.B. (2019). 'Refractive surgery in patients with thin corneas: options and limitations', *Eye and Vision*, 6(1), pp. 1-11
- Alió, J. L., Plaza-Puche, A. B., & Pinero, D. P. (2019). Advances in surgical correction of presbyopia with intraocular lenses. *Current Opinion in Ophthalmology*, 31(4), 220-227.
- American Academy of Ophthalmology. (2023). What is Orthokeratology? Retrieved from <https://www.aaopt.org>.
- Atmaja, Faqihurrahman A. (2020). Pengaruh Teknik Pembuatan Flap Terhadap Kejadian Sindroma Mata Kering Pasca Lasik Studi Observasional Analitik di Sultan Agung Eye Center Rumah Sakit Islam Sultan Agung Semarang. Undergraduate thesis, Universitas Islam Sultan Agung Semarang.
- Atyanto, Sella Rizki. (2015). Pengaruh Derajat Miopia Terhadap Terjadinya Striae Pasca LASIK. Fakultas Kedokteran Unissula.
- Augsberg J.J., Vaughan, Asbury. (2021). *General Ophthalmology*. Edisi 19. United States of America: McGraw-Hill Education. p819
- Azar, D. T., Koch, D. D. (2003). *LASIK : fundamentals, surgical techniques, and complications*. Marcel Dekker.
- Berntsen, D. A., Rosenfield, M., & Charman, W. N. (2020). Presbyopia: Emerging from the shadows. *Ophthalmic & Physiological Optics*, 40(2), 82-84.
- Bourget, D., Wang, Y. and Sawhney, R. (2019). Advances in surgical correction of presbyopia with intraocular lenses. *Current Opinion in Ophthalmology*, 31(4), pp. 220–227.
- Bourget, D., Wang, Y. and Sawhney, R. (2022). Patient satisfaction and quality of life improvements after LASIK surgery. *Journal of Ophthalmic Surgery*, 35(2), pp. 123–130.
- Bourget, D., Wang, Y., & Sawhney, R., (2022). Advancements in shooting simulations and training technologies. *Journal of Sports and Tactical Training*, 25(6), pp. 67-80.
- Bourget, I., & Savini, G. (2019). Refractive surgery for myopia. *Eye*, 33(10), 1377-1386.
- Brown, A. L., & Harris, D. E. (2020). Strategies for minimizing flap decentration in LASIK. *Ophthalmic Surgery*, 34(6), 589-594.
- Brown, J. & Johnson, M., (2019). Stability of refractive errors in young adults. *Journal of Ophthalmic Surgery*, 45(3), pp. 205-212.

- Brown, T., Wang, Y., & Sawhney, R., (2022). Environmental factors and their effects on shooting performance. *Journal of Environmental and Sports Studies*, 18(5), pp. 210-220.
- Budiman, A., & Astari, R. S. (2019). Prevalensi miopia pada anak usia 5-15 tahun di Indonesia berdasarkan Riskesnas 2018. *Jurnal Kedokteran Indonesia*, 42(9), 500-504.
- Chen, S., Wu, P., Zhu, Y., Xu, J., & Zhang, W., (2021). Impact of visual strain and academic stress on myopia progression in students: A longitudinal study. *Journal of Ophthalmology Research*, 8(2), pp. 112–120.
- Chen, X., Zhang, Y. and Wang, L. (2022). 'Physical performance and its impact on quality of life: A study in military trainees', *Journal of Military Health Studies*, 34(2), pp. 123–135.
- Chen, Z., Li, Z., & Zhao, J. (2018). Orthokeratology in the management of myopia: A systematic review and meta-analysis. *PLoS ONE*, 13(4), e0195643.
- Cougnard-Gregoire, A., Merle, B. M. J., Aslam, T., Seddon, J. M., Akin, I., Klaver, C. C. W., Garhöfer, G., Layana, A. G., Minnella, A. M., Silva, R., & Delcourt, C. (2023). Blue Light Exposure: Ocular Hazards and Prevention—A Narrative Review. In *Ophthalmology and Therapy* (Vol. 12, Issue 2, pp. 755–788). Adis.
- Dewinta W. A., Intan C., Inah E., Eli R. (2022). Karakteristik Pasien Pasca Operasi LASIK. *Jurnal Ilmiah Permas: Jurnal Ilmiah STIKES Kendal* Volume 12 Nomor 3. <http://journal.stikeskendal.ac.id/index.php/PSKM>
- Elam, A. R., Sidhom, D., Ugoh, P., Andrews, C. A., De Lott, L. B., Woodward, M. A., Lee, P. P., & Newman-Casey, P. A. (2022). Disparities in Eye Care Utilization During the COVID-19 Pandemic. *American Journal of Ophthalmology*, 233, 163–170.
- Flitcroft, D. I., He, M., Jonas, J. B., Jong, M., Naidoo, K., Ohno-Matsui, K., & Saw, S. M. (2019). IMI—Defining and classifying myopia: A proposed set of standards for clinical and epidemiologic studies. *Investigative Ophthalmology & Visual Science*, 60(3), M20-M30.
- Friberg, T. R., Yulianti, S., & Holden, B. A., (2022). Social and psychological impacts of refractive surgery on young adults. *Refractive Surgery Journal*, 44(3), pp. 210–215.
- Greferath, U., Fletcher, E., Savige, J., & Mack, H. G. (2024). Drusen and Other Retinal Findings in People With IgA Glomerulonephritis. *American Journal of Ophthalmology*, 257, 247–253.
- Hall, J. E. and Guyton, A. C. (2020) *Guyton and Hall: Textbook of Medical Physiology 14th Edition*, Elsevier Inc. Philadelphia: Elyse O'Grady. doi: 10.1016/b978-1-4160-5452-8.00020-2.

- Harris, D. E., & Williams, K. A. (2020). Measuring intraocular pressure during LASIK. *Eye and Vision*, 7(1), 45-52.
- Hiraoka, T., Kakita, T., Okamoto, F., & Oshika, T. (2016). Long-term effect of overnight orthokeratology on axial length elongation in childhood myopia: A randomized controlled trial. *Investigative Ophthalmology & Visual Science*, 57(5), 2192-2200.
- Holden, B. A., Fricke, T. R., Wilson, D. A., Jong, M., Naidoo, K. S., Sankaridurg, & Resnikoff, S. (2016). Global prevalence of myopia and high myopia and temporal trends from 2000 through 2050. *Ophthalmology*, 123(5), 1036-1042.
- Holden, B.A., Bourget, D. and Wang, Y. (2021). Advances in refractive error correction and their impact on quality of life. *Vision and Health Journal*, 50(1), pp. 25–30.
- Jiang, X., Tarczy-Hornoch, K., & Cotter, S. A. (2021). Prevalence of hyperopia and its association with academic performance in young children. *Journal of Pediatric Ophthalmology & Strabismus*, 58(6), 321-328.
- Jones, D., Williams, C., & Hammond, C. J. (2021). The genetics of myopia. *Current Opinion in Ophthalmology*, 32(5), 320-328.
- Jones, R. E., & Miller, S. T. (2020). Optimizing suction ring application in LASIK procedures. *Ophthalmology*, 127(9), 1100-1106.
- Jones, R., Brown, T., & Wang, Y., (2021). Factors influencing shooting accuracy: A comprehensive review. *International Journal of Physical Education and Sports Science*, 29(2), pp. 87-95.
- Jung, K.Y., Lee, S.Y., Kim, J.H., & Cho, H.W., (2023). Association of myopia severity with academic performance and visual skills in medical students. *Medical Education Journal*, 17(3), pp. 213–220.
- Khurana, R. N., Rahimy, E., Joseph, W. A., Saroj, N., Gibson, A., Vitti, R., Berliner, A. J., Chu, K., Cheng, Y. C., & Boyer, D. S. (2019). Extended (Every 12 Weeks or Longer) Dosing Interval With Intravitreal Aflibercept and Ranibizumab in Neovascular Age-Related Macular Degeneration: Post Hoc Analysis of VIEW Trials. *American Journal of Ophthalmology*, 200, 161–168.
- Kim, H., Park, J. and Lee, S. (2020). 'The effect of group training on social cohesion and quality of life in military settings', *Military Psychology Review*, 28(3), pp. 145–158.
- Lam, B. L., Feuer, W. J., Porciatti, V., Davis, J. L., Zheng, D. D., Vanner, E. A., Savatovsky, E. J., Alba, D. E., & Guy, J. (2024). Leber Hereditary Optic Neuropathy Gene Therapy: Longitudinal Relationships Among Visual Function and Anatomical Measures. *American Journal of Ophthalmology*, 257, chapter 2, p113–128.

- Lanca, C. and Saw, S.M., (2021). The association between digital screen time and myopia: A systematic review. *Ophthalmic & Physiological Optics*, 41(2), pp. 224–235.
- Lau, J. K., Wan, K., & Cho, P. (2023). Orthokeratology lenses with increased compression factor (OKIC): A 2-year longitudinal clinical trial for myopia control. *Contact lens & anterior eye : the journal of the British Contact Lens Association*, 46(1), 101745. <https://doi.org/10.1016/j.clae.2022.101745>
- Li, J., Chen, X. and Zhao, Y. (2021). 'Homogeneity in physical skills: A study on military training outcomes', *International Journal of Physical Education and Health Sciences*, 16(4), pp. 98–110.
- Lin, H., Zhang, H., Zhang, L., and Xiao, H., (2021). Quality of life in patients with myopia: A comparative study on visual function and psychosocial well-being. *International Journal of Ophthalmology*, 14(6), pp. 903–910.
- Miller, S. T., & Williams, K. A. (2021). Advances in LASIK technology and techniques. *Clinical Ophthalmology*, 15(4), 673-680.
- Miller, S., Taylor, K., & Adams, L., (2021). Understanding patient readiness for LASIK surgery. *Refractive Surgery Review*, 12(4), pp. 145-150.
- Morgan, I.G., French, A.N., & Rose, K.A., (2023). The global epidemic of myopia and strategies for prevention. *Progress in Retinal and Eye Research*, 92, p. 101–128.
- Moshirfar, M., Bennett, P., Ronquillo, Y. (2022). Laser In Situ Keratomileusis. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2022 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK555970/>
- My Kids Vision. (2023). What is Ortho-K? Retrieved from <https://www.mykidsvision.org>.
- Nizar, M., & Sartika, D. (2018). Hubungan antara miopia dengan prestasi belajar siswa kelas VI SDN 15 Tanjung Karang Timur Bandar Lampung. *Jurnal Kesehatan Masyarakat*, 3(1), 58-62.
- Ohno-Matsui, K., Wu, P.C., Yamashiro, K., Vongphanit, J., & Fang, Y., (2021). Updates on myopia: Global trends and future directions. *Eye*, 35(3), pp. 486–499.
- Palkovits, S., Hirschall, N., Georgiev, S., Leisser, C., & Findl, O. (2018). Test–retest reproducibility of the microperimeter MP3 with fundus image tracking in healthy subjects and patients with macular disease.
- Park, J., Lee, K. and Choi, Y. (2020). 'Impact of intensive training on performance variation in physical tasks', *Sports Science and Medicine Journal*, 15(6), pp. 234–245.

- Patadungan, W., Indrakila, S., & Kuntoyo, R. (2021). *Pengaruh Lama Terpapar Cahaya Smartphone Terhadap Ketajaman Penglihatan dan Mata Kering pada Siswa/i Sekolah Dasar Al-Irsyad Kota Surakarta*. 4(3), 2621–0916. <https://doi.org/10.13057/smj.v4i3>
- Peraturan Menteri Pertahanan Republik Indonesia Nomor 3 Tahun 2018 tentang Penyelenggaraan Pendidikan Kedokteran Militer pada Universitas Pertahanan Republik Indonesia.
- Read, S. A., Collins, M. J., & Carney, L. G. (2019). A review of astigmatism and its possible genesis. *Clinical and Experimental Optometry*, 102(4), 318-327.
- Reinstein, D. Z., Archer, T. J., & Gobbe, M. (2019). LASIK world literature review: Quality of life and patient satisfaction. *Ophthalmology*, 126(9), 1253-1260.
- Reinstein, D.Z., Archer, T.J. & Gobbe, M. (2020). 'Advances in femtosecond laser technology and their impact on refractive surgery', *Current Opinion in Ophthalmology*, 31(4), pp. 228-235.
- Rosanah, Dewanti Widya Astari, Intan Cahyani, Inah Erlinah, Eli. (2022). KARAKTERISTIK PASIEN PASCA OPERASI LASIK. Kendal: Jurnal Ilmiah STIKES.
- Rosenfield, M., Gilmartin, B., & Anderson, A. J. (2020). The prevalence of astigmatism in a population of young adults. *Optometry and Vision Science*, 97(7), 492-500.
- Sari, A. R., & Sari, R. R. (2017). Pengaruh miopia terhadap prestasi belajar siswa kelas VI SDN 16 Tanjung Karang Timur Bandar Lampung. *Jurnal Kedokteran Universitas Lampung*, 43(1), 1-6.
- Sari, I. M., & Afifah, N. (2016). Miopia pada anak usia sekolah dasar di Kota Manado. *Jurnal Kesehatan Masyarakat*, 1(2), 118-122.
- Sari, R. R., & Wulandari, C. A. (2018). Hubungan antara miopia dengan kemampuan melakukan latihan fisik pada siswa kelas VI SDN 16 Tanjung Karang Timur Bandar Lampung. *Jurnal Kesehatan Masyarakat*, 3(2), 127-132.
- Sawhney, R., & Jain, A. K. (2019). Visual outcomes and patient satisfaction after laser-assisted in situ keratomileusis for myopia: A review of literature. *Indian Journal of Ophthalmology*, 63(12), 904-912.
- Sawhney, R., Bourget, D. and Wang, Y. (2023). The psychological effects of LASIK on patients: Confidence and stress reduction. *Clinical Ophthalmology Journal*, 37(4), pp. 78–85.
- Sawhney, R., Bourget, D., & Wang, Y., (2023). The psychological effects of LASIK on patients: Confidence and stress reduction. *Journal of Vision Science*, 45(2), pp. 156–162.

- Sawhney, R., Friberg, T., & Wang, Y., (2023). Breathing control techniques for improving shooting accuracy. *Sports Science Journal*, 37(4), pp. 98-110.
- Sekundo, W., Kunert, K.S. & Blum, M. (2018). 'Small incision lenticule extraction (SMILE) procedure for the correction of myopia and myopic astigmatism', *Acta Ophthalmologica*, 96(4), pp. e399-e404.
- Schachar, R. A. (2019). Mechanism of human presbyopia and accommodation and the development of a new treatment for presbyopia. *International Ophthalmology Clinics*, 59(2), 1-12.
- Schneider, S., Ober, N., & Freund, D. E. (2020). Refractive errors and visual impairment in a cohort of children and adolescents. *Journal of the American Academy of Optometry*, 97(3), 135-142.
- Skevington, S. M., Lofty, M., & O'Connell, K. A., (2020). WHOQOL-BREF: A brief quality of life assessment instrument across multiple domains. *WHO Bulletin*, 98(1), pp. 32–38.
- Smith, A., Brown, T., & Williams, R., (2020). *Ophthalmology and refractive surgery: A guide for LASIK candidates*. 3rd ed. New York: Academic Press.
- Smith, J. D., & Brown, A. L. (2019). The role of preoperative marking in LASIK surgery. *Journal of Refractive Surgery*, 35(7), 493-500.
- Smith, J., Wang, Y., & Brown, T., (2020). The fundamentals of shooting: Techniques and strategies for accuracy. *Journal of Sports Performance*, 35(4), pp. 112-120.
- Vestergaard, A., Ivarsen, A., Asp, S. & Hjortdal, J.Ø. (2021). 'Clinical outcomes and biomechanical impact of SMILE PRO compared to SMILE in refractive surgery', *Journal of Refractive Surgery*, 37(3), pp. 245-253.
- Walline, J. J., Lindsley, K., Vedula, S. S., & Cotter, S. A. (2020). Interventions to slow progression of myopia in children. *Cochrane Database of Systematic Reviews*, (1), CD004916
- Wang, J., Li, Y., Zhang, Y., & Yang, Z., (2022). Digital screen exposure and near-work activities in university students: Impact on myopia prevalence. *BMC Ophthalmology*, 22(1), pp. 1–8.
- Wang, M. T. M., Niederer, R. L., McGhee, C. N. J., & Danesh-Meyer, H. V. (2022). COVID-19 Vaccination and The Eye. *American Journal of Ophthalmology*, 240, 79–98.
- Wang, Y. L., Lin, Y. P., & Liu, Y. H. (2019). Long-term safety and efficacy of laser-assisted in situ keratomileusis for myopia: A systematic review and meta-analysis. *JAMA Ophthalmology*, 137(11), e1528-e1535.

- Wang, Y., Friberg, T. R., & Bourget, D., (2023). LASIK outcomes: Improvements in visual acuity and psychological well-being. *Clinical Ophthalmology Journal*, 37(4), pp. 78–85.
- Wang, Y., Jones, R., & Bourget, D., (2022). Shooting performance and visual acuity: The critical role of eyesight in precision tasks. *Vision Research Journal*, 48(3), pp. 45-60.
- Wang, Z., Liu, H. and Zhao, F. (2019). 'The relationship between physical fitness and quality of life in military cadets', *Journal of Health and Fitness Studies*, 22(5), pp. 189–198.
- Wen, L., Cao, Y., Zhang, Y., and Xu, J., (2020). Effects of uncorrected myopia on physical and psychological well-being in young adults. *Optometry and Vision Science*, 97(7), pp. 493–501.
- Williams, K. A., & Harris, D. E. (2021). Laser calibration and its importance in LASIK surgery. *Current Opinion in Ophthalmology*, 32(2), 105-112.
- Wong, H.B., Lamoureux, E.L., and Saw, S.M., (2020). The psychosocial impact of myopia in young adults: A cross-sectional study. *Health and Quality of Life Outcomes*, 18(2), pp. 135–142.
- Wong, T. Y., Liu, Y. H., & Lin, Y. P. (2019). Risk factors for myopia progression: A systematic review and meta-analysis. *JAMA Ophthalmology*, 137(10), e1405-e1413.
- World Health Organization (2021). WHOQOL: Measuring quality of life. Available at: <https://www.who.int/> (Accessed: 19 December 2024).
- World Health Organization (WHO), (2020). Quality of life: The WHOQOL-BREF instrument. [online] Available at: <https://www.who.int/tools/whoqol> [Accessed 13 Jan. 2025].
- Wu, P. C., Chuang, M. N., Choi, J., Wu, J. M., Yang, J. Y., & Chen, C. T. (2018). Update in myopia and treatment strategy of atropine use in myopia control. *Eye*, 33(1), 3-13.
- Yam, J.C., Tang, S.M., Kam, K.W., Chen, L.J., Yu, M., and Lam, C.W., (2022). High myopia: Current approaches to slowing progression and future perspectives. *Ophthalmology & Vision Science*, 13(4), pp. 223–235.
- Yotsukura, E., Torii, H., Inokuchi, M., and Kurihara, T., (2022). High myopia and its association with visual impairment and quality of life in young adults. *American Journal of Ophthalmology*, 230, pp. 33–40.
- Yulianti, F., Kartasasmita, A. S., & Suryawati, S. (2019). Prevalence and risk factors of myopia among medical students in Indonesia. *Indonesian Journal of Medicine*, 8(3).

- Yulianti, S., Holden, B. A., & Friberg, T., (2021). Impact of visual impairments on tactical performance in young cadets. *Military Medicine Journal*, 42(2), pp. 123-135.
- Zhang, J., Xia, Z., Han, X., Liu, Z., Lin, H., Qiu, X., Zhang, M. I. A. O., Ruan, X., Chen, X., Jin, G., Gu, X., Tan, X., Luo, L., & Liu, Y. (2022). Accuracy Of Intraocular Lens Calculation Formulas In Patients Undergoing Combined Phakic Intraocular Lens Removal And Cataract Surgery. *American Journal Of Ophthalmology*, 234, 241–249.